

Barnwell Pioneer Days Duathlon Race and 2k Fun Run

Saturday, Jul 20th, 2013

Race Information: The duathlon and 2k will begin and finish at Barnwell School. The duathlon will begin at 7:30 sharp and the 2k will begin at 7:40. Duathlon racers may participate as an individual or as a team. Water and light refreshments will be served at the finish line and participants can walk to the pancake breakfast at Willow Park after the race.

Registration and packet pick-up: Registration forms must be filled out and returned to the village of Barnwell office prior to race day. Race packets will be available to pick up between 7:00-7:15 a.m. at Barnwell school so come early so the race can start on time! Late registrations will be accepted from 7:00-7:15 a.m., however, we cannot guarantee a race number will be available for late registrations.

Course Description: The duathlon race will consist of a 10k bike followed by a 5k run. Racers will begin at Barnwell School, bike the 10k route (see attached map) and drop their bikes off at Barnwell School before continuing on the 5k run route. The 2k route is also outlined in the attached map.

Awards: Prizes will be awarded to the top three finishers in each age category. Winners will be announced and prizes handed out during the program at Willow Park later that evening.

Additional Information: Please contact Candice Gibb by phone: 403-223-5744 or email: cagibb@shaw.ca with any question or concerns or if you would be willing to volunteer.